



*The Fogerty Arena Non-Profit Group
Affordable | Community | Athletics*



COVID-19 Preparedness Plan

(8/31/2020)

COVID-19 Preparedness Plan for Fogerty Arena Businesses

Fogerty Arena at The Ice House, including Fogerty Arena, Four Seasons Curling Club, and Sticks & Stones Restaurant are committed to providing a safe and healthy facility for all our workers and customers. To ensure that, we have developed the following Preparedness Plan in response to the COVID-19 pandemic. Managers and workers are all responsible for implementing this plan. Our goal is to mitigate the potential for transmission of COVID-19 in our workplaces, and that requires full cooperation among workers and management. Only through this cooperative effort can we establish and maintain the safety and health of our workers and workplaces.

Management and workers are responsible for implementing and complying with all aspects of this Preparedness Plan. Fogerty Arena managers and supervisors have our full support in enforcing the provisions of this policy.

Our workers are our most important assets. We are serious about safety and health and keeping our workers working at Fogerty Arena. Worker involvement is essential in developing and implementing a successful COVID-19 Preparedness Plan. We have involved our workers in this process by holding weekly meetings since the initial shutdown to discuss all impacts and utilize their knowledge and expertise to determine appropriate solutions. Our Preparedness Plan follows Centers for Disease Control and Prevention (CDC) and Minnesota Department of Health (MDH) guidelines and federal OSHA standards related to COVID-19 and addresses:

- hygiene and respiratory etiquette;
- engineering and administrative controls for social distancing;
- housekeeping – cleaning, disinfecting and decontamination;
- prompt identification and isolation of sick persons;
- communications and training that will be provided to managers and workers; and
- Management and supervision necessary to ensure effective implementation of the plan.

Screening and policies for employees exhibiting signs and symptoms of COVID-19

Workers have been informed of and encouraged to self-monitor for signs and symptoms of COVID-19. The following policies and procedures are being implemented to assess workers' health status prior to entering the workplace and for workers to report when they are sick or experiencing symptoms. Workers will be asked to take and submit a body temperature reading to their manager at least one hour before their scheduled shift. Upon entering the facility the manager on duty will follow up with each employee by taking a body temperature reading with a touchless thermometer and having the employee fill out a health screening assessment. At any point should an employee show signs of illness they are to report it to their manager and either not come in to work or leave work as soon as is possible.

Fogerty Arena has implemented leave policies that promote workers staying at home when they are sick, when household members are sick, or when required by a health care provider to isolate or quarantine themselves or a member of their household. Fogerty Arena standard Sick Leave policy is 6 days but is extended to 14 days to allow for an individual to follow standard COVID-19 quarantine practice. Beyond 14 employees would be eligible to use the standard Family Medical Leave Act policy or either of our Short or Long Term disability benefits.

Accommodations for workers with underlying medical conditions or who have household members with underlying health conditions have been implemented

Fogerty Arena has also implemented a policy for informing workers if they have been exposed to a person with



COVID-19 at their workplace and requiring them to quarantine for the required amount of time. Should any Fogerty Arena employee or known guest be officially diagnosed with COVID-19 Fogerty Arena will contact by phone and by email any and all workers who may have been exposed.

In addition, a policy has been implemented to protect the privacy of workers' health status and health information. The identity of anyone being officially diagnosed with COVID-19 will be kept private under penalty of HIPAA law and loss of employment.

Handwashing

Basic infection prevention measures are being implemented at our workplaces at all times. Workers are instructed to wash their hands for at least 20 seconds with soap and water frequently throughout the day, but especially at the beginning and end of their shift, prior to any mealtimes and after using the toilet. All visitors to the facility will be required to wash their hands prior to or immediately upon entering the facility. Some workplaces may have hand-sanitizer dispensers (that use sanitizers of greater than 60% alcohol) that can be used for hand hygiene in place of soap and water, as long as hands are not visibly soiled.

Fogerty Arena has also purchased and placed clearly marked hand sanitizer stations throughout our facility at or near strategic locations such as doorways and common areas. These stations will include clear instructions for use. These stations will augment our existing bathrooms within the facility which will now include clear instructions on hand washing for COVID-19.

Respiratory etiquette: Cover your cough or sneeze

Workers and visitors are being instructed to cover their mouth and nose with their sleeve or a tissue when coughing or sneezing and to avoid touching their face, in particular their mouth, nose and eyes, with their hands. They should dispose of tissues in the trash and wash or sanitize their hands immediately afterward. Respiratory etiquette will be demonstrated on posters and supported by making tissues and trash receptacles available to all workers and visitors. COVID1-19 "Cough and Sneeze" posters will be posted in numerous clearly visible common area locations around the facility.

Social distancing

Social distancing is being implemented in the workplace through the following engineering and administrative controls:

Groups and teams will be limited to 20 people (Hockey) and 50 people (Curling) or less on the ice. Start times for all activities will be staggered to prevent overlap in arrival and departure. Groups are asked to have and submit their own internal policy regarding social distancing to Fogerty Arena for our approval and certification. Restaurant total capacity will be reduced from 210 to 100 and seating has been arranged to ensure at least 6 feet of distance between customers. Restaurant group size cannot exceed 8 people.

Workers are asked to work from home whenever possible. When working in the facility workers are required to wear a mask and gloves and adhere to social distancing policy whenever possible.

Workers and visitors are prohibited from gathering in groups and confined areas, including elevators, and from using other workers' personal protective equipment, phones, computer equipment, desks, cubicles,



workstations, offices or other personal work tools and equipment.

Housekeeping

Regular housekeeping practices are being implemented, including routine cleaning and disinfecting of work surfaces, equipment, tools and machinery, and areas in the work environment, including restrooms, break rooms, lunch rooms and meeting rooms. Frequent cleaning and disinfecting will be conducted in high-touch areas, such as phones, keyboards, touch screens, controls, door handles, elevator panels, railings, copy machines, etc. Full and part time staff will conduct hourly cleaning of all high touch areas. Locker rooms will be disinfected after each use.

Communications and training

This Preparedness Plan was communicated via email and printed posting in offices to all workers on 5/18/2020 and necessary training has been provided on a ongoing basis. Additional communication and training will be ongoing and provided to all workers who did not receive the initial training. Managers and supervisors are to monitor how effective the program has been implemented by performing weekly check-ins with employees. Management and workers are to work through this new program together and update the training as necessary. This Preparedness Plan has been certified by Fogerty Arena management and was posted throughout the workplace since 5/26/2020. It will be updated as necessary.

Certified by:

Rob Hall

Executive Director and General Manager

Fogerty Arena at The Ice House, Inc.



Specific Policies

For All Staff

- Health screening and temperature checks before shift starts. Staff will be asked not to come in or sent home at any sign of illness.
- Training in proper decontamination, hand washing, and safety communication protocols
- Contactless payments for all transactions (Credit only, manual entry by staff).
- All staff will be required to wear masks according to Executive Order 20-81 and it is highly recommended to wear gloves. Masks and gloves are provided by Fogerty Arena.
- To follow social distancing practices when applicable.

For the Facility

- According to MDH guidelines all participants, parents, caregivers and spectators are required by Executive Order 20-81 to wear mask when inside Fogerty Arena starting 7/25/2020. Anyone not wearing a mask will be asking to leave the facility.
- A COVID-19 policy for each group must be submitted and approved by Fogerty Arena prior to using the facility.
- Shared spaces (bathrooms, mezzanines, hallways, doorways) are disinfected every hour on the hour.
- Locker rooms in use are disinfected after every use.
- Public hand sanitizing stations are increased and placed in clearly marked strategic locations within the facility
- Hand washing and sanitizing instructions are posted in bathrooms and appropriate work areas.

Hockey (events to have no more than 75 or less attendees on the North Rink and 250 or less attendees on the South Rink)

- All participants, coaches and referees can remove their mask to participate in the events on the ice surface. Once the practice, scrimmage or game is completed masks should be put on once they return to the locker rooms.
- During scrimmage or games coaches are required to wear a mask while on the player's benches.
- According to MDH guidelines groups are limited to two "pods" of 25 people on an ice sheet at a time. Fogerty Arena is asking that the pod sizes not exceed 15 people per pod as we do not have the locker room capacity to handle 2 pods of 25.
- Events are scheduled ahead of time with the facility.
- Athletes are asked to arrive partically dresses to the facility and arrive no sooner than 15 minutes before the scheduled ice time to avoid event arrival and departure overlap. Anyone arriving before 15 minutes will be asked to wait out side, no exceptions.



- Scrimmage and games are allowed at Fogerty Arena, we are asking that NO celebrations, huddles or handshakes to happen during the course of the scrimmage or game being played and while on the players benches that social distancing be managed as best as it can be during the scrimmage or game.
- Athletes are asked leave the facility 10 minutes after their ice time is complete.
- Parents, caregivers and spectators can stay and watch, but it is highly encouraged to NOT stay and watch practices. Young children MUST stay with parents at all times as they will not be allowed to roam freely through the facility. We are asking that social distancing be maintained at all times within the facility.
- When parents, caregivers and spectators are coming to watch a scrimmage or game will be allowed in the facility 5 minutes before the puck drops for the scrimmage or game they are attending. We are asking that social distancing be maintained at all times within the facility. Once the scrimmage or game has concluded all spectators are asked to leave the facility immediately to avoid event arrival and departure overlap with the next group.
- Minor athletes are allowed one parent or caregivers to get them ready and once the athlete is ready the parent or caregiver are encouraged to leave the facility during a practice and can reenter the facility when the practice is over to help the athlete prepare to leave the facility within 10 minutes.
- Coaches are asked to follow social distancing practices during practice and try to limit the crossing of the pods.

Communication and Signage

Hockey (Email and Posted)

Dear Fogerty Arena partners and customers, due to our concern for your safety during COVID-19, we are implementing the following:

What WE are doing to keep you safe:

- *Staff members are required to submit body temperature readings and submit to a health check screening before starting each shift.*
- *We have added multiple hand sanitizer stations that are clearly marked and near common entrance and exit areas.*
- *All bathrooms, doors, and other common areas are being disinfected every hour on the hour.*
- *Locker rooms are being disinfected after each use.*
- *We are scheduling 10 minutes between ice times. NO ONE will be allowed on to the ice rink until the next scheduled group time starts.*

What YOU need to do to keep everyone safe:

- *Skaters must arrive to the facility with a mask on.*



- *Skaters should show up to the rink no earlier than 15 minutes before ice time starts.*
- *Skaters should arrive to the rink with a majority of their hockey gear on to limit the amount of time spent in the locker room together.*
- *Skaters should be out of the locker rooms no more than 10 minutes after their ice time is done.*
- *Skaters should be dropped off and picked up. If skaters are younger in age, only ONE spectator/chaperone to be present.*
- *It is the responsibility of coaches and athletes to adhere to the social distancing guidelines.*
- *If there are policies and procedures that a group is implementing due to COVID 19, please send them to us so we can answer any questions that arise.*



CONDUCT HEALTH SCREENING EACH TIME EMPLOYEES OR VISITORS ENTER THE FACILITY.

You may also opt to conduct temperature screening if it can be done with proper social distancing, protection, and hygiene protocols. However, temperature screening is not required.

If a worker or visitor answers “Yes” to any of the screening questions or has a measured temperature above 100.4°F, they should be advised to go home, stay away from other people, and contact their health care provider.



Visitor and Employee Health Screening Checklist

Have you had any of the following symptoms since your last day at work or the last time you were here that you cannot attribute to another health condition?

Please answer “Yes” or “No” to each question. Do you have:

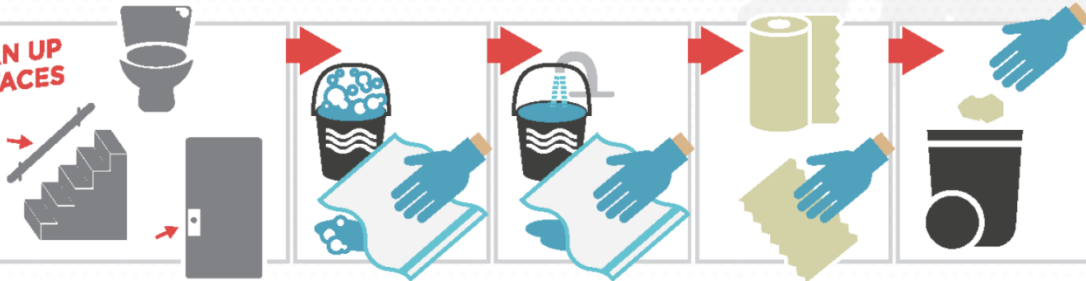
- ☐ **Fever (100.4 F or higher), or feeling feverish?**
- ☐ **Chills?**
- ☐ **A new cough?**
- ☐ **Shortness of breath?**
- ☐ **A new sore throat?**
- ☐ **New muscle aches?**
- ☐ **New headache?**
- ☐ **New loss of smell or taste?**



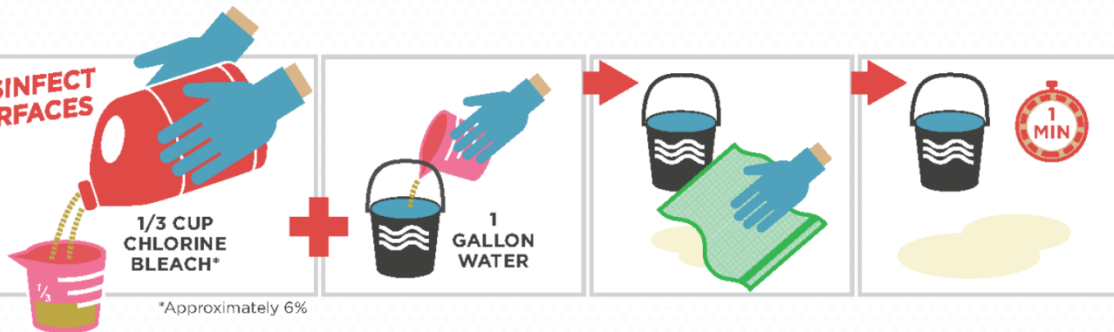
Proper Cleaning and Disinfecting

Prevent the spread of
COVID-19

1 CLEAN UP SURFACES

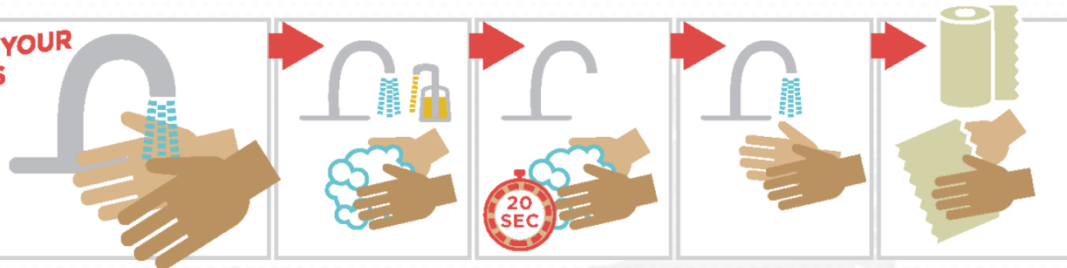


2 DISINFECT SURFACES



*Approximately 6%

3 WASH YOUR HANDS



Disinfecting products must be EPA-registered. Always read and follow manufacturer's directions.



#StopTheSpread



#StopTheSpread

Proper
hygiene stops
the spread of
the virus.

Wash Your Hands

01

Wet your hands
before applying
soap.



02

Bring your palms
together and rub
soap all over the
palms and backs of
your hands, including
between the fingers.



03

Wash your hands for
at least 20 seconds.



04

Wipe your hands
with a clean towel or
paper towel and
avoid rubbing too
vigorously.



COUGH



and
SNEEZE

into your



SLEEVE

#StopTheSpread



#StopTheSpread

Physical Distancing 101

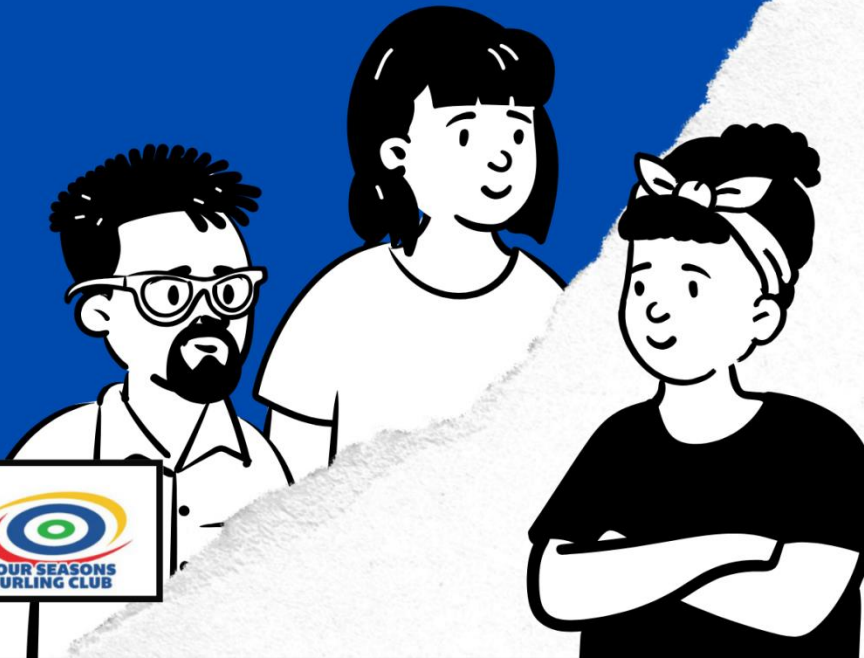
SOURCE: WHO

Please avoid groups larger than 8 people.

Keep a distance of 6 feet or 2 meters – about one body length – away from other people.

Avoid touching other people, and that includes handshakes.

Physical distancing slows down the spread of the coronavirus, which keeps our resources available to those in need.





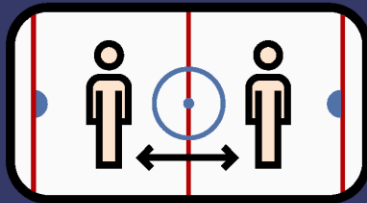
COVID-19 BEST PRACTICES FOR ICE RINKS

1)



Wash and Sanitize
Hands Often

2)



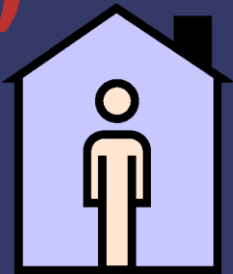
Maintain 6' of
Social Distance

3)



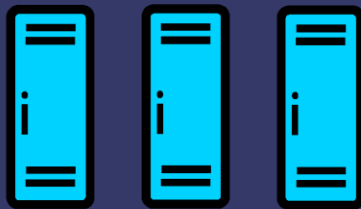
Cover Coughs
and Sneezes

4)



If You are Not Feeling
Well, Stay Home

5)



Modified, Limited or
No Locker Room Access

6)



Handshakes
Discouraged

7)



No Spitting or Sharing
of Water Bottles

8)



Do Not Gather Before,
During or After Ice Times

9)



Keep Gloves on
During Ice Times



Appendix A – Guidance for developing a COVID-19 Preparedness Plan

USA Hockey, USA Figure Skating, US Ice Arena Association Guidelines

https://cdn4.sportngin.com/attachments/document/d8b1-2158869/Returning_to_the_Rinks_05-05-2020_1_.pdf#_ga=2.230202204.1193028114.1588802052-493690253.1588802051

Ice Sports Industry Guidelines

<https://www.skateisi.org/covid-19-pandemic-preparedness-response-plan-for-reopening-ice-facilities/>

General

www.cdc.gov/coronavirus/2019-nCoV

www.health.state.mn.us/diseases/coronavirus

www.osha.gov

www.dli.mn.gov

Handwashing

www.cdc.gov/handwashing/when-how-handwashing.html

www.cdc.gov/handwashing

<https://youtu.be/d914EnpU4Fo>

Respiratory etiquette: Cover your cough or sneeze

www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html

www.health.state.mn.us/diseases/coronavirus/prevention.html

www.cdc.gov/healthywater/hygiene/etiquette/coughing_sneezing.html

Social distancing

www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html

www.health.state.mn.us/diseases/coronavirus/businesses.html

Housekeeping

www.cdc.gov/coronavirus/2019-ncov/community/disinfecting-building-facility.html

www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/disinfecting-your-home.html



www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2

www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html

Employees exhibiting signs and symptoms of COVID-19

www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html

www.health.state.mn.us/diseases/coronavirus/basics.html

<https://www.health.state.mn.us/diseases/coronavirus/facilityhlthscreen.pdf>

Training

www.health.state.mn.us/diseases/coronavirus/about.pdf

www.cdc.gov/coronavirus/2019-ncov/community/guidance-small-business.html

www.osha.gov/Publications/OSHA3990.pdf

